

G³ BCAA AMINO

OUR MUSCLE BUILDER- HIGH-QUALITY AMINO ACIDS TO SUPPORT MUSCLE GROWTH

Our G³ BCAA AMINO contains high-quality branched chain amino acids (BCAA): leucine, valine and isoleucine. They're indispensable to help you gain muscle mass.

They can't be formed by the human body and they're only consumable via food. They're typically found in fish, meat, nuts and cereals.

Athletes have an increased requirement which is almost impossible to achieve through normal dietary intake, and the same is also true of vegetarians or vegans.

Hard training can be a cause of tiny muscle tears. Those muscles depend on substances like BCAAs and protein in order to regenerate and grow. Essential and non-essential amino acids have been shown to aid protein synthesis.

In other words, the interaction between proteins and BCAAs leads to the post-workout success you're aiming for, namely extra muscle mass. What's more, the added vitamin B6 stimulates your metabolism and supports muscle growth.

- ALL ESSENTIAL AMINO ACIDS
- IDEAL SUPPLEMENT TO OUR WHEY PROTEIN
- ADDED VITAMIN B6 IMPROVES MUSCLE GROWTH



2:1:1
LEUCINE
ISOLEUCINE
VALINE

0.0g
SUGAR
PER SERVING

60
SERVINGS

240 capsules / 560 g

RECOMMENDED USE

Adults are recommended to take 2-4 capsules daily before a meal with 1-2 glasses of water (300-400ml) each.

INGREDIENTS

L-leucine, L-valine, L-isoleucine, beef gelatine (capsule shell), anti-caking agent: magnesium salts of fatty acids

NOTE

The recommended daily dose must not be exceeded. Food supplements should not be used as a substitute for a balanced and varied diet and a healthy lifestyle. If you are pregnant or nursing please contact your healthcare practitioner before taking any dietary supplements. Keep out of reach of children. Store product away from direct sunlight. Protect from heat and keep dry. Close container properly after use.

SUPPLEMENT FACTS

	Per 100 g	Per serving	% NRV*
Calorific value (kJ)	1600 kJ	85 kJ	°
Calorific value (kcal)	399 kcal	20 kcal	°
Fat	0 g	0 g	°
Thereof saturated fatty acids	0 g	0 g	°
Carbohydrates	0 g	0 g	°
thereof sugar	0 g	0 g	°
Fibres	0 g	0 g	°
Protein	73 g	1,2	°
Salt	<0,01g	<0,01g	°
Vitamin B6	20 mg	0,93 mg	66
L-Leucine	43 mg	2,2 mg	°
L-Valine	21,5 mg	1,1 mg	°
L-Isoleucine	21,5 mg	1,1 mg	°

* % the rec. daily dose according to regulation 1169/2011/EG

° no nutrient reference values available